

# Outdoor Adventure Post-Experience Assessment

## MARKING INSTRUCTIONS

- Use a #2 pencil or blue/black pen only.
- Make solid marks that fill the oval completely.
- Make no stray marks on the form.
- Do not fold or bend the form.

**CORRECT**



**INCORRECT**



## PROGRAM OUTCOMES

**Please rate your level of agreement with the following statements:**

	Strongly Agree	Agree	Neither Agree nor Disagree	Disagree	Strongly Disagree
1. This outdoor adventure activity introduced me to a new skill.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. This outdoor adventure activity was extremely stimulating and provided me with an adrenaline rush.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. This activity made me confident in my abilities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. I am proud of my accomplishments during this activity.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. I was able to demonstrate my courage during this activity.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Please rate your level of agreement with the following statements about staffing at this activity:**

	Strongly Agree	Agree	Neither Agree nor Disagree	Disagree	Strongly Disagree
6. The staff/instructor was very knowledgeable about this activity.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. The staff/instructor motivated me to get better at this activity.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. There were enough instructors in the program to match the number of participants.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## ACTIVITY CLASSROOM TRAINING

**Please rate your level of agreement with the following statements in regard to the O.A.R training:**

	Strongly Agree	Agree	Neither Agree nor Disagree	Disagree	Strongly Disagree
9. This training provided me with tools to assist a soldier with their transition back home.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. This training was relevant to the outdoor activity.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. This training helped prepare me for the stresses faced during military operations and daily life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. As a result of this training, I can identify soldiers affected by stress.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## UNIT COHESION

**Please rate your level of agreement with the following statements:**

	Strongly Agree	Agree	Neither Agree nor Disagree	Disagree	Strongly Disagree
13. The members of my unit were cooperative with each other during this outdoor adventure activity.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. The members of my unit knew they could count on each other.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. The members of my unit did an excellent job working together during this activity.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. I enjoyed the camaraderie with others during this activity.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>