

Outdoor Adventure Post-Experience Assessment

PROGRAM OUTCOMES

1. This outdoor adventure activity introduced me to a new skill.

Choices		Response Count	Percent
1	Strongly Disagree	11	3%
2	Disagree	35	9%
3	Neither Agree nor Disagree	69	17%
4	Agree	158	40%
5	Strongly Agree	124	31%
Mean		3.88	

2. This outdoor adventure activity was extremely stimulating and provided me with an adrenaline rush.

Choices		Response Count	Percent
1	Strongly Disagree	2	1%
2	Disagree	7	2%
3	Neither Agree nor Disagree	50	13%
4	Agree	172	44%
5	Strongly Agree	163	41%
Mean		4.24	

3. This activity made me confident in my abilities.

Choices		Response Count	Percent
1	Strongly Disagree	1	0%
2	Disagree	4	1%
3	Neither Agree nor Disagree	75	19%
4	Agree	206	52%
5	Strongly Agree	111	28%
Mean		4.06	

4. I am proud of my accomplishments during this activity.

Choices		Response Count	Percent
1	Strongly Disagree	1	0%
2	Disagree	4	1%
3	Neither Agree nor Disagree	45	11%
4	Agree	205	52%
5	Strongly Agree	139	35%
Mean		4.21	

5. I was able to demonstrate my courage during this activity.

Choices		Response Count	Percent
1	Strongly Disagree	2	1%
2	Disagree	20	5%
3	Neither Agree nor Disagree	102	26%
4	Agree	148	38%
5	Strongly Agree	120	31%
Mean		3.93	